

AMITY INSTITUTE OF BEHAVIOURAL & ALLIED SCIENCES (AIBAS)

B.A. (Hons.) Applied Psychology

List of students undertaking field project or research projects or internships.

Program Code	Programme name	Name of the students
12069	B.A. (H) App.Psychology	Aakash Bhadana
12069	B.A. (H) App.Psychology	Aditi Thapa
12069	B.A. (H) App.Psychology	Adnan
12069	B.A. (H) App.Psychology	Aishwarya Poddar
12069	B.A. (H) App.Psychology	Ajay Chaudary
12069	B.A. (H) App.Psychology	Akshita
12069	B.A. (H) App.Psychology	Aman Raj Arora
12069	B.A. (H) App.Psychology	Ananaya Gohain
12069	B.A. (H) App.Psychology	Ananya Gupta
12069	B.A. (H) App.Psychology	Anik Chakraborty
12069	B.A. (H) App.Psychology	Annu Chauhan
12069	B.A. (H) App.Psychology	Anupriya Naruka
12069	B.A. (H) App.Psychology	Anushka Jain
12069	B.A. (H) App.Psychology	Anushka Singh
12069	B.A. (H) App.Psychology	Arnav Kumar Mandal
12069	B.A. (H) App.Psychology	Arohi Taparia
12069	B.A. (H) App.Psychology	Ayushi Karna
12069	B.A. (H) App.Psychology	Bhavyaa
12069	B.A. (H) App.Psychology	Bhawana Tanwar
12069	B.A. (H) App.Psychology	Bhuvan Pratap Singh
12069	B.A. (H) App.Psychology	Deepti Sharma
12069	B.A. (H) App.Psychology	Devanshi Mudgal
12069	B.A. (H) App.Psychology	Devika Chaudhary
12069	B.A. (H) App.Psychology	Gamini Arya
12069	B.A. (H) App.Psychology	Gurpreet Kaur
12069	B.A. (H) App.Psychology	Gwalai Shubham Ravi
12069	B.A. (H) App.Psychology	Harsh Barve
12069	B.A. (H) App.Psychology	Hritik Awtade
12069	B.A. (H) App.Psychology	Jheel Tanwar
12069	B.A. (H) App.Psychology	Jiyaa



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12069	B.A. (H) App.Psychology	Komal Soni
12069	B.A. (H) App.Psychology	Krishna
12069	B.A. (H) App.Psychology	Kritika Gogoi
12069	B.A. (H) App.Psychology	Ma Aayesha Husain
12069	B.A. (H) App.Psychology	Mallika Sharma
12069	B.A. (H) App.Psychology	Manasvi Vats
12069	B.A. (H) App.Psychology	Mandvi Tyagi
12069	B.A. (H) App.Psychology	Manshi Begal
12069	B.A. (H) App.Psychology	Mansi Bhatia
12069	B.A. (H) App.Psychology	Meenakshi Sharma
12069	B.A. (H) App.Psychology	Mehr Deepak Phalswal
12069	B.A. (H) App.Psychology	Mili Kumari
12069	B.A. (H) App.Psychology	Mohammad Ibrahim Syed
12069	B.A. (H) App.Psychology	Paresh Harsh
12069	B.A. (H) App.Psychology	Pranita Pawde
12069	B.A. (H) App.Psychology	Pranjal Surana
12069	B.A. (H) App.Psychology	Pranshu Agnihotri
12069	B.A. (H) App.Psychology	Prerna Singhi
12069	B.A. (H) App.Psychology	Priyanka
12069	B.A. (H) App.Psychology	Priyanka Gupta
12069	B.A. (H) App.Psychology	Purnima B R
12069	B.A. (H) App.Psychology	Radhika Bhagat
12069	B.A. (H) App.Psychology	Samrjeet Singh Rathore
12069	B.A. (H) App.Psychology	Sangram Kesheri Behera
12069	B.A. (H) App.Psychology	Shambhwee Bahal
12069	B.A. (H) App.Psychology	Shashwat Sharma
12069	B.A. (H) App.Psychology	Simran Gyamlani
12069	B.A. (H) App.Psychology	Srashta Garg
12069	B.A. (H) App.Psychology	Srishti Mudgal
12069	B.A. (H) App.Psychology	Tanisha Bhattacharya
12069	B.A. (H) App.Psychology	Tanu Kamal
12069	B.A. (H) App.Psychology	Utkarsha Mahadeo Tondare
12069	B.A. (H) App.Psychology	Vaishnavi Khandelwal
12069	B.A. (H) App.Psychology	Vedika Mishra
12069	B.A. (H) App.Psychology	Vinay Dhillon
12069	B.A. (H) App.Psychology	Vinayak Tiwari
12069	B.A. (H) App.Psychology	Yakshita Sisodiya
12069	B.A. (H) App.Psychology	Yash Chitransh
12069	B.A. (H) App.Psychology	Zainab Zakir Husain

Mental Health towards LGBTQ community & Attitude towards LGBTQ community



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

Supervised By

Dr. Vismita Paliwal

Associate Professor

Submitted By

Ms Aditi Thapa

Student, BA Sem 2nd

Amity Institute of Behavioural and Allied Sciences

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JAIPUR

Domestic Violence in Pandemic



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

Supervised By
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Assistant Professor

Submitted By
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Antisocial Personality Disorder



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

Supervised By

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Associate Professor

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Modelling Memory



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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Ms Purnima B R

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Psychological Effects of Substance Abuse



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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The Psychology of a Serial killer



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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JAIPUR

Depression in Movement Therapy



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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JAIPUR

Social Cognition



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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The Impact of Cognitive Behavioural Therapy on People with Phobias



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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Effects of Social Isolation on Mental Health



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

Supervised By

Dr. Ruchi Joshi

Assistant Professor

Submitted By

Ms Zainab Zakir Husain

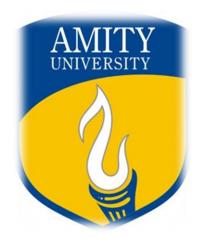
Student, BA Sem 2nd

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Suicide among Teens



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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Midlife Crisis



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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Drug Abuse and Effects on Teens and Social Anxiety Disorder



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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Dissociative Identity Disorder



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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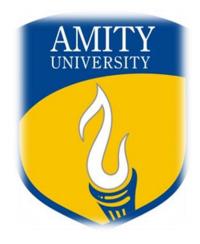
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Prosocial Behavior



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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Behavior Modification



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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Interpersonal Relationships



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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Drug Consumption



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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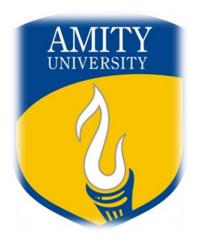
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JAIPUR

Physical, Sexual and Emotional Child Abuse and its impact on behavior



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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JAIPUR

Aggression among adolescents and its causes



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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JAIPUR

Social Anxiety Disorder



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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Effects of Pets on Mental Health



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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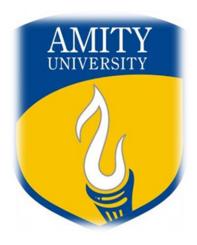
Submitted By
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JAIPUR

Nonverbal communication and Intelligence



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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JAIPUR

Learning Disabilities: Role of Parenting



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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JAIPUR

Superstition & Psychology



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

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JAIPUR

Halo Effect



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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JAIPUR

Role of Media in Shaping Opinion of Adolescents



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

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JAIPUR

Covid-19 Pandemic and Mental health



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

Supervised By

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Assistant Professor

Submitted By

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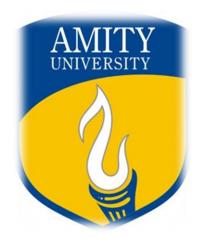
Student, BA Sem 2^{nd}

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JAIPUR

Covid-19 Pandemic and Mental health



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2020-2023)

Term Paper

Supervised By
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Assistant Professor

Submitted By Ms Bhavyaa

Student, BA Sem 2nd

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Maladaptive Daydreaming and Internet Addiction among Young People



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

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JAIPUR

Attitude of college students towards prostitute and prostitution



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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JAIPUR

Comparative study on affect of music preferences on aggression



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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JAIPUR

Academic stress and Psychological Well-being among College students During Online classes



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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JAIPUR

Relationship between gratitude and psychological well being among adolescents



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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JAIPUR

Effect of Instagram addiction on Quality of Life



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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Submitted By

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JAIPUR

To find the correlation between mindfulness and happiness during covid-19



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

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Assistant Professor

Submitted By

Ms Pranjal Surana

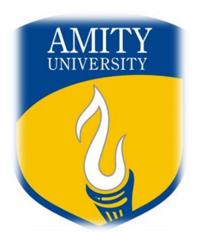
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JAIPUR

Coping and Happiness among theist and atheist college students



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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JAIPUR

Assessment of Depression, Anxiety, Stress and Mental Well Being among College Students



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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JAIPUR

Media Mediated Beauty Standards and Its Effect on Mental Wellbeing of Young Adults in India



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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JAIPUR

Psychological perspective on online Education



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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Submitted By

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JAIPUR

Social Media & Mental Wellbeing



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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JAIPUR

Relationship between Caffeine Consumption & Quality of Sleep among Young Adults



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

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JAIPUR

Parental Family support on career decision making



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

Dr. Nida Nafees

Assistant Professor

Submitted By

Ms Vedika Mishra

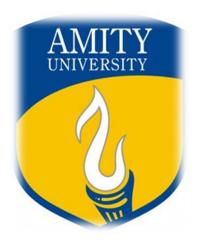
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JAIPUR

Study of Creative Self Efficacy and Emotions amongst Amateur Artists



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

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Submitted By

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JAIPUR

A study of academic stress and sleep quality among Indian Youth



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

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Associate Professor

Submitted By

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JAIPUR

Psychological Distress and Resilience among students: A comparative study



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

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Assistant Professor

Submitted By

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JAIPUR

Eating Disorder among Young Adolescents during COVID -19



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

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JAIPUR

Relationship between Stress & Job Satisfaction



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

Dr. Chirmi Acharya

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Submitted By

Ms Radhika Bhagat

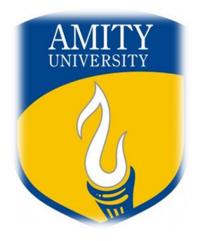
Student, BA Sem 4th

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JAIPUR

Relationship between Sleep & Happiness



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

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Submitted By

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JAIPUR

Self-esteem and Social Anxiety in Youth- A Comparative Study



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By
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Role of Emotional Trauma on Academic Performance



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

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JAIPUR

Parenting Style and Emotional Intelligence among College Students: A correlation study



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Project

Supervised By

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Assistant Professor

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Ms Mallika Sharma

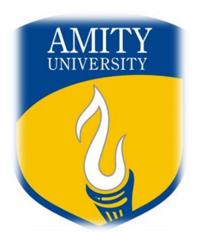
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Role of Video-Games in Aggression Among Adolescents



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

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Student, BA Sem 4th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Impact of SES on Children's IQ



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

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Submitted By

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JAIPUR

Depression among Teenagers



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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JAIPUR

The new DSM-5 Diagnosis for PTSD



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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JAIPUR

Impact of Covid 19 on the mental health of college students



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

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Submitted By

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AMITY UNIVERSITY RAJASTHAN

JAIPUR

Eating Disorders in Adolescents



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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JAIPUR

Anxiety and Stress related Disorders



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Pets and Lifestyle



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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JAIPUR

Effect of Emotional Intelligence and Mindfulness on PTSD



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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JAIPUR

Obsessive Compulsive Disorder



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Social Anxiety Disorder Among Young Adults



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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JAIPUR

Personality



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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AMITY UNIVERSITY RAJASTHAN

JAIPUR

Self-harming Behavior among Teens



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

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AMITY UNIVERSITY RAJASTHAN

JAIPUR

Effect of Optimism/ Pessimism on Anxiety



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Superstitions and It's Psychological Understanding



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

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JAIPUR

Optimism & Self-Esteem



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

Dr. Nida Nafees

Assistant Professor

Submitted By

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Student, BA Sem 3rd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Effect of Eating Disorders on Mental Health of College Students



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

Dr. Ruchi Joshi

Assistant Professor

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Effect of CBT on individual suffering from Phobia



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Sports Psychology



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By
Dr. Neharshi Srivastava

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Submitted By

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Student, BA Sem 3rd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Study on Impact of Violent Video games on Aggressive behavior of Adolescents



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Emotional Intelligence and its Importance among People



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

Dr. Neharshi Srivastava

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Submitted By

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Amity Institute of Behavioural and Allied Sciences

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JAIPUR

The effect of Social Isolation on Mental Health of College Students or Youth



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

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AMITY UNIVERSITY RAJASTHAN

JAIPUR

Role of Yogic Techniques on Mental Health



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

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Submitted By

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Role of Culture in PTSD Diagnosis and Treatment



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

Dr. Prashant

Associate Professor

Submitted By

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Student, BA Sem 3rd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

A comparative Study on Different Types of Psychotherapies for the Individuals Suffering from OCD



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2019-2022)

Article/Feature Writing

Supervised By

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Parenting Style, Locus of Control & Mental Well-being



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

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Assistant Professor

Submitted By

Ms Yakshita Sisodiya

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

A Study of self-esteem, positive-negative effect, emotional intelligence & Healthiness among sports and non-sports person



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

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Ms Tanu Kamal

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Stress, Anxiety & Depression in Daily Wage Textile Workers during COVID-19 Pandemic



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

Dr. Kailash Chandra Barmola

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Mr Paresh Harsh

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

The Study of the effects of Premenstrual Syndrome on the quality of life, mood spectrum, and the general mental health



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

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Assistant Professor

Submitted By

Devanshi Mudgal

Student, BA Sem 6th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

To study the Effect of Social Support, Yam, Autosuggestion, & Meditation on Mental Health



For the partial fulfilment of

B.A. (Hons.) Applied Psychology (2018-2021)

Dissertation

Supervised By

Submitted By

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

A Comparative Study of Quality of Life & Coping Strategy in Depression and Anxiety Patients



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

The Effect of Binge Watching on Mental Well Being, Emotional Intelligence and Quality of Sleep among Young Adults of Different Gender



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

Dr. Monika Gwalani

Assistant Professor

Submitted By

Gamini Arya

Student, BA Sem 6th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Internet Addiction and Sleep Quality of College Students



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

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Associate Professor

Submitted By

Ms Priyanka Gupta

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Mental Health of Teaching Professional during COVID Pandemic



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

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Aishwarya Poddar

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

A study of creativity and Mental Health



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By
Manasvi Vats

Student, BA Sem 6th

Amity Institute of Behavioural and Allied Sciences AMITY UNIVERSITY RAJASTHAN JAIPUR

A Comparison of Optimism & Resilience among Male & Female Police Personnel in Relation to Satisfaction with Life during COVID-19



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

Dr. Ruchi Joshi

Assistant Professor

Submitted By

Ms. Gurpreet Kaur

Student, BA Sem 6th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Study of Emotional Intelligence and Psychological Capital among College Students



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

Dr. Vismita Paliwal

Associate Professor

Submitted By

Mandvi Tyagi

Student, BA Sem 6th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Neuroticism & Personality Types (MBTI)



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

Dr. Nida Nafees

Assistant Professor

Submitted By

Mr. Hritik Awtade

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Life Satisfaction in NCL Employees



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

Dr. Nida Nafees

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Submitted By

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Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Coping Strategies & Work Performance among Employees Working Amid Pandemic



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Harsh Barve

Student, BA Sem 6th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

Effect of Exercise & Meditation on self-esteem, Body Image, & Stress Level among College going Students



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Dissertation

Supervised By

Dr. Prashant

Associate Professor

Submitted By

Ms Mili Kumari

Student, BA Sem 6th

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR







Jan. 16, 2020

CERTIFICATE

This is to certify that Yakshita Sisodiya, D/O- Mr. Pururshottam Sisodiya, a student of B.A. (Hons.) Applied Psychology, Amity University Rajasthan has successfully completed her one month internship (15 December 2019 to 15 January 2020) under our school counselor and psychologist Ms. Gargi Gupta. She has been here to assist our psychologist in classes for teaching and in sessions with students and teachers. During her period of internship she had been regular, attentive and dedicated towards the work assigned to her. She bears a good code of conduct.

We wish her good luck for her further work.

Principal

Principal
SRN International school
NRI Road, Ramnagaria,
Jagatpura, Jaipur





February 05, 2021

To Whom So Ever It May Concern

This is to certify that Ms Tanu Kamal student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done her internship at PsychSchool under the supervision of Prerna Dhingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as Excellent (4/5).

During the course of this internship, she was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

She was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews her fictitious clients gave for her from her first session to her last, show the level of dedication, consistency and improvement that she exhibited during the course of the program.

She was an observant intern throughout the program. She actively participated in the class discussions & completed her submissions on time. She was attentive & sincere for the entire duration of this program. Towards the end of the program, she showed a lot of improvement through her hard work & sincerity.

We wish her the very best in all her future endeavours.

Prema Dhingra





February 05, 2021

To Whom So Ever It May Concern

This is to certify that Mr Paresh Harsh student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done his internship at PsychSchool under the supervision of Prerna Dhingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as **Very Good** (3.5/5).

During the course of this internship, he was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

He was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews his fictitious clients gave for his from his first session to his last, show the level of dedication, consistency and improvement that he exhibited during the course of the program.

He was an observant intern throughout the program. He actively participated in the class discussions & completed hiis submissions on time. He was attentive & sincere for the entire duration of this program. Towards the end of the program, he showed a lot of improvement through his hard work & sincerity.

We wish him the very best in all his future endeavours.

Prerna Dhingra







February 05, 2021

To Whom So Ever It May Concern

This is to certify that Ms Devanshi Mudgal student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done her internship at PsychSchool under the supervision of Prerna Dhingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as **Excellent** (4.5/5).

During the course of this internship, she was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

She was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews her fictitious clients gave for her from her first session to her last, show the level of dedication, consistency and improvement that she exhibited during the course of the program.

She was an observant intern throughout the program. She actively participated in the class discussions & completed her submissions on time. She was attentive & sincere for the entire duration of this program. Towards the end of the program, she showed a lot of improvement through her hard work & sincerity.

We wish her the very best in all her future endeavours.

Prerna Dhingra







February 05, 2021

To Whom So Ever It May Concern

This is to certify that Mr Sangram K Behera student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done his internship at PsychSchool under the supervision of Prerna Dhingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as Good (3/5).

During the course of this internship, he was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

He was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews his fictitious clients gave for his from his first session to his last, show the level of dedication, consistency and improvement that he exhibited during the course of the program.

He was an observant intern throughout the program. He actively participated in the class discussions & completed hiis submissions on time. He was attentive & sincere for the entire duration of this program. Towards the end of the program, he showed a lot of improvement through his hard work & sincerity.

We wish him the very best in all his future endeavours.

Prerna Dhingra







February 05, 2021

To Whom So Ever It May Concern

This is to certify that Ms Prerna Singhi student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done her internship at PsychSchool under the supervision of Prerna Dhingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as **Excellent** (4.5/5).

During the course of this internship, she was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

She was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews her fictitious clients gave for her from her first session to her last, show the level of dedication, consistency and improvement that she exhibited during the course of the program.

She was an observant intern throughout the program. She actively participated in the class discussions & completed her submissions on time. She was attentive & sincere for the entire duration of this program. Towards the end of the program, she showed a lot of improvement through her hard work & sincerity.

We wish her the very best in all her future endeavours.

Prerna Dhingra







February 05, 2021

To Whom So Ever It May Concern

This is to certify that Ms Gamini Arya student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done her internship at PsychSchool under the supervision of Prerna Dhingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as **Excellent** (4/5).

During the course of this internship, she was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

She was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews her fictitious clients gave for her from her first session to her last, show the level of dedication, consistency and improvement that she exhibited during the course of the program.

She was an observant intern throughout the program. She actively participated in the class discussions & completed her submissions on time. She was attentive & sincere for the entire duration of this program. Towards the end of the program, she showed a lot of improvement through her hard work & sincerity.

We wish her the very best in all her future endeavours.

Prerna Dhingra





CERTIFICATE OF INTERNSHIP

"BASIC SKILLS OF COUNSELLING AND REHABILITATION"

This recognizes

PRIYANKA GUPTA

as having successfully completed one Month Internship Program.



SONAM CHHATWANI

FOUNDER/DIRECTOR
AATMAN COUNSELLING AND
REHABILITATION CENTRE









February 05, 2021

To Whom So Ever It May Concern

This is to certify that Ms Aishwarya Poddar student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done her internship at PsychSchool under the supervision of Prerna Dhingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as **Excellent** (4.5/5).

During the course of this internship, she was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

She was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews her fictitious clients gave for her from her first session to her last, show the level of dedication, consistency and improvement that she exhibited during the course of the program.

She was an observant intern throughout the program. She actively participated in the class discussions & completed her submissions on time. She was attentive & sincere for the entire duration of this program. Towards the end of the program, she showed a lot of improvement through her hard work & sincerity.

We wish her the very best in all her future endeavours.

Prerna Dhingra







February 05, 2021

To Whom So Ever It May Concern

This is to certify that Ms Manasvi Vats student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done her internship at PsychSchool under the supervision of Prerna Dhingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as **Excellent** (4.5/5).

During the course of this internship, she was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

She was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews her fictitious clients gave for her from her first session to her last, show the level of dedication, consistency and improvement that she exhibited during the course of the program.

She was an observant intern throughout the program. She actively participated in the class discussions & completed her submissions on time. She was attentive & sincere for the entire duration of this program. Towards the end of the program, she showed a lot of improvement through her hard work & sincerity.

We wish her the very best in all her future endeavours.

Prerna Dhingra







February 05, 2021

To Whom So Ever It May Concern

This is to certify that Ms Gurpreet Kaur student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done her internship at PsychSchool under the supervision of Prerna Dhingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as **Excellent** (4/5).

During the course of this internship, she was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

She was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews her fictitious clients gave for her from her first session to her last, show the level of dedication, consistency and improvement that she exhibited during the course of the program.

She was an observant intern throughout the program. She actively participated in the class discussions & completed her submissions on time. She was attentive & sincere for the entire duration of this program. Towards the end of the program, she showed a lot of improvement through her hard work & sincerity.

We wish her the very best in all her future endeavours.

Prerna Dhingra





Certificate of Completion

is awarded to

Mandvi Tyagi

of Amity University Jaipur

on Successful completion of 1 Month Internship (Hands-on

Training) Programme from 21.12.2020 to 21.01.2021.

DIVYA RAI

Clinical Psychologist





GARIMA SINGH

Clinical Psychologist Program Director



PSYCI:1 SCHOOL, INDIA



February 05, 2021

To Whom So Ever It May Concern

This is to certify that Mr. Hritik Awtade student of BA Applied Psychology (H), Semester V, Amity Institute of Behavioural & Allied Sciences, Amity University, Jaipur has done his intemshlp at Psych School under the supervision of Prerna Dbingra (MA Clinical Psychology) from December 21, 2020 to January 31, 2021 in the area of Counselling Psychology.

The overall performance of the student during the internship is graded as **Excellent** (4/5).

During the course of this internship, he was trained in Counselling Skills, Client-Counsellor Relationship Management In Different Circumstances, Psychological First Aid & Ways To Manage One's Mental Health As a Counsellor.

He was made to see fictitious clients and conducted their sessions under supervision & also got the opportunity to be the fictitious client in order to understand the practice of counselling from both sides.

The reviews his fictitious clients gave for him from his first session to his last, show the level of dedication, consistency and improvement that he exhibited during the course of the program.

He was an observant intern throughout the program. He actively participated in the class discussions & completed his submissions on time. He was attentive & sincere for the entire duration of this program. Towards the end of the program, he showed alot of improvement through his hard work & sincerity.

We wish him the very best for his future endeavors.

Premo Dhingra

(Founder, PsychSchool.hdia)





बार्दर्न कोलफील्ड्स लिमिटेड

(एक मिनी रत्न कम्पनी) कोल इण्डिया लिमिटेड की अनुषंगी कम्पनी



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No. NCL/HRD/.202021	TO WHOM IT MAY CONCERN
This is to certify that Mr./ M	iss. Yash Chitransh Student of Stm Sem
	A (Man) Applied Psychology from Amity University, Roj
Attended an unpaid Vocational/Pr	ractical training bearing following details at Northern Coalfields Limited:
1. Duration of Training	21:12:2020 to 23:01:2021
2. Place of Training	NCL Amlobai Project
3. Training inputs provided	Industrial Pay cholosy

We found him/her sincere and honest towards training. This certificate is being issued to him/her on successful completion of the said training. All the best wishes for bright future.

General Manager (CETI/HRD) NCL, Singrauli







GAUTAM HOSPITAL AND RESEARCH CENTER

GAUTAM INSTITUTE OF BEHAVIORAL SCIENCES

1, Gokul, Jacob Road, Civil Lines, Jaipur-302006 Phone: 0141-2222111

TO WHOM IT MAY CONCERN

~~~~

THES IS TO CERTIFY THAT MR. HARSH BARVE BA (H), CLINICAL PSYCHOLOGY WORKED WITH ME FOR CLINICAL HANDS ON TRAINING IN CLINICAL PSYCHOLOGY FOR 45 DAYS FROM 8 FEBRUARY 2021 TO 15 APRIL 2021 AT GAUTAM HOSPITAL & RESEARCH CENTER, GAUTAM INSTITUTE OF BEHAVIORAL SCIENCES, CIVIL LINES, JAIPUR.

DURING THIS PERIOD HE WAS TRAINED IN CLINICAL INTERVIEW SKILLS, PSYCHOLOGICAL EVALUATION, PSYCHIATRIC HISTORY TAKING, MENTAL STATUS EXAMINATION AND APPLICATION OF PSYCHOLOGICAL TESTS AND THEIR INTERPRETATION & COUNSELING, SHE HAD ATTENDED CLINICAL THEORY CLASSES AND CASE PRESENTATION.

HE HAS ATTENDED TRAINING WITH FULL DEDICATION AND INTEREST

MS. MAMTA RATHORE

CLINICAL PSYCHOLOGIST

TRAINING PROGRAMME COORDINATOR

DR. MANASWI GAUTAM

MBBS, MD. (PSYCH), DPM, NDDY, FIPS, FTAPP, FLAGMH

DIRECTOR & CONSULTANT PSYCHIATRIST

GAUTAM HOSPITAL & RESEARCH CENTER

PROF. SHIV GAUTAM

Shireantan

MBBS, MD. (PSYCH), MNAMS, FIPS, MAPA (USA) FAMS

DIRECTOR PROFESSOR

GAUTAM INSTITUTE OF BEHAVIORAL SCIENCES





# COUNSEL INDIA HEREBY CERTIFIES

## Mili Kumari Poddar

for the efforts made for the position of *National Counseling Ambassa-dors* of Counsel India for her contribution in branding, awareness and research to the field of mental health and psychology.

We truthfully believe that the learning capital she has received will further be used to spread mental health awareness around the world.

Counsel India wishes her a great future and

rewarding career ahead.

## National Counseling Ambassador I Rajasthan

With all rights and privileges ensuring

there from: COUNSELINDIA SERVICES PVT LTD

17 Dec 2020

DATE

Shivam Dixit (CMO-CFO)

DIRECTOR

## **Stress & Coping in College Students**



For the partial fulfilment of

B.A. (Hons.) Applied Psychology (2018-2021)

**Scientific Research Paper** 

Supervised By

Dr. Vismita Paliwal

Associate Professor

Submitted By

Ms Yakshita Sisodiya

Student, BA Sem 5<sup>th</sup>

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## **Hope & Resilience among Nurses Amid Pandemic**



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Project** 

Supervised By

Dr. Neharshi Srivastava

Assistant Professor

Submitted By

Ms Tanu Kamal

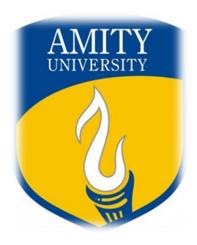
Student, BA Sem 5<sup>th</sup>

### **Amity Institute of Behavioural and Allied Sciences**

#### **AMITY UNIVERSITY RAJASTHAN**

**JAIPUR** 

## **Effect of COVID-19 on Daily Wages Labours**



For the partial fulfilment of

B.A. (Hons.) Applied Psychology (2018-2021)

## **Article/Feature Writing**

Supervised By

Dr. Amra Ahsa

Assistant Professor

Submitted By

Mr. Paresh Harsh

Student, BA Sem 5<sup>th</sup>

## **Amity Institute of Behavioural and Allied Sciences**

### **AMITY UNIVERSITY RAJASTHAN**

**JAIPUR** 

#### **Mental Health Act of India**



For the partial fulfilment of

B.A. (Hons.) Applied Psychology (2018-2021)

#### Seminar

Supervised By

Dr. Amra Ahsan

**Assistant Professor** 

Submitted By

Mr. Paresh Harsh

Student, BA Sem 5<sup>th</sup>

# Amity Institute of Behavioural and Allied Sciences AMITY UNIVERSITY RAJASTHAN

**JAIPUR** 



## Premenstrual Syndrome, an in-depth Study



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

Scientific Research Paper

Supervised By

Dr. Chirmi Acharya

Assistant Professor

Submitted By

Ms Devanshi Mudgal

Student, BA Sem 5<sup>th</sup>

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

### Family Environment & PsyCap among IT Professionals during COVID-19



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Project** 

Supervised By

Dr. KC Barmola

**Assistant Professor** 

Submitted By

Mr Sangram Kesheri Behera

Student, BA Sem 5<sup>th</sup>

## **Amity Institute of Behavioural and Allied Sciences**

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## Depression, Anxiety & Stress & Family Affluence among College Students during Pandemic



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Scientific Research Paper** 

Supervised By

Dr. Neharshi Srivastava

**Assistant Professor** 

Submitted By

Ms Prerna Singhi

Student, BA Sem 5<sup>th</sup>

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## A Comparative Study between Adolescents & Adults on the measure of Psychological Capital, Anxiety & their Flourishment during Pandemic



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

Scientific Research Paper

Supervised By

Dr. Monika Gwalani

**Assistant Professor** 

Submitted By

Ms Gamini Arya

Student, BA Sem 5<sup>th</sup>

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## Effect of Sleep Deprivation due to high screen time on health of college students



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Scientific Research Paper** 

Supervised By

Dr. Nida Nafees

**Assistant Professor** 

Submitted By

Ms Priyanka Gupta

Student, BA Sem 5<sup>th</sup>

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## Mental Health of Teaching Professional during COVID Pandemic



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Scientific Research Paper** 

Supervised By

Dr. Chirmi Acharya

**Assistant Professor** 

Submitted By

Ms Aishwarya Poddar

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## **Amity Institute of Behavioural and Allied Sciences**

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

#### A Study of Creativity & Mental Health



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2018-2021)

Scientific Research Paper

Supervised By
Dr. Chirmi Acharya

**Assistant Professor** 

Submitted By

Ms Manasvi Vats

Student, BA Sem 5<sup>th</sup>

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

## Mental Health of Medical Professionals during COVID-19 with Special reference to Anxiety, Depression, & Stress



For the partial fulfilment of

B.A. (Hons.) Applied Psychology (2018-2021)

**Scientific Research Paper** 

Supervised By

Dr. Ruchi Joshi

**Assistant Professor** 

Submitted By

Ms Gurpreet Kaur

Student, BA Sem 5<sup>th</sup>

## **Amity Institute of Behavioural and Allied Sciences**

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## Relation between Emotional Intelligence & Psychological Capital in College Students



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Scientific Research Paper** 

Supervised By

Dr. Vismita Paliwal

**Assistant Professor** 

Submitted By

Ms. Mandvi Tyagi

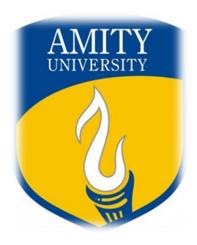
Student, BA Sem 5<sup>th</sup>

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## **Change in Nicotine Consumption habits during COVID-19**



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Project** 

Supervised By

Dr. Nida Nafees

**Assistant Professor** 

Submitted By

Mr Hritik Awtade

Student, BA Sem 5<sup>th</sup>

## **Amity Institute of Behavioural and Allied Sciences**

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## Relationship between Passionate Love & Sexual Attitude within Indian Adults



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Project** 

Supervised By

Dr. Nida Nafees

**Assistant Professor** 

Submitted By

Mr Yash Chitransh

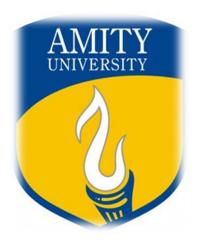
Student, BA Sem 5<sup>th</sup>

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## Job burnout and Resilience among Medical Professionals amid Pandemic



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Project** 

Supervised By

Dr. Amra Ahsan

**Assistant Professor** 

Submitted By

**Mr Harsh Barve** 

Student, BA Sem 5<sup>th</sup>

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## Effect of Exercise on self-esteem, Body Image, & Stress Level among College going Students



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Project** 

Supervised By

Dr. Prashant

**Associate Professor** 

Submitted By

Ms Mili Kumari

Student, BA Sem 5<sup>th</sup>

## **Amity Institute of Behavioural and Allied Sciences**

#### **AMITY UNIVERSITY RAJASTHAN**

**JAIPUR** 

## Happiness and life Statisfaction among Adolescents & Adults



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Project** 

Supervised By

Dr. Monika Gwalani

Assistant Professor

Submitted By

Mr. Arvind

Student, BA Sem 5<sup>th</sup>

### **Amity Institute of Behavioural and Allied Sciences**

#### **AMITY UNIVERSITY RAJASTHAN**

**JAIPUR** 

## Sleep Quality & Mental Well-being among Youth suffering from Internet Addiction



For the partial fulfilment of

**B.A.** (Hons.) Applied Psychology

(2018-2021)

**Project** 

Supervised By

Dr. Vismita Paliwal

**Associate Professor** 

Submitted By

Mr Rahul Ramakrishnan

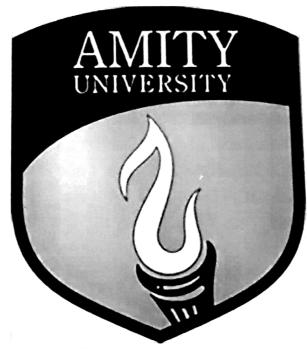
Student, BA Sem 5<sup>th</sup>

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## **EFFECTS OF E-CIGARETTES AMONG YOUTH**



Term paper

For the partial fulfilments of

B.A. [ HONS.] Applied Psychology

Dr.Neharshi Srivastava

**Assistant Professor, AUR** 

(2021-2024)

Submitted by:

Virginia Merlyn Scott

Student B.A.(hons),

Semester 2

**Amity Institute of Behavioural and Allied Sciences** 

**AMITY UNIVERSITY RAJASTHAN** 2022

# The Antidote: Happiness for people who can't stand positive thinking

By Oliver Burkeman



## **BOOK REVIEW**

For the partial fulfilment of

B. A. (hons)Applied Psychology

(2021-2024)

Guided by : Submitted by :

vaitavo

Dr.Neharshi Srivastava

Assistant Professor, AUR

Wirginia Merlyn Scott

Student B.A, sem2

Amity Institute of Behavioural and Allied Sciences

**AIBAS** 

AMITY UNIVERSITY RAJASTHAN

**JAIPUR** 

## Relationship between Drug Abuse and Depression



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2021-2024)

**Term Paper** 

Supervised By

Buir Der

Ms. Sreeja Das

**Assistant Professor** 



**Submitted BY:** 

Aaradhya Soni

Student, B.A. (H), sem-2

# Amity Institute of Behavioral and Allied Sciences AMITY UNIVERSITY RAJASTHAN JAIPUR 2022



Book review on

## THE GIRL ON THE TRAIN

B.A. (Hons.) Applied Psychology

(2021-2024)

/ Seganos

Supervised by:

Ms. Sreeja Das

**Assistant Professor** 



Submitted BY:

Aaradhya Soni

Student B.A.(H), sem-2

# Amity Institute of Behavioral and Allied Sciences AMITY UNIVERSITY RAJASTHAN JAIPUR 2022



15 years of study on Suicide among adolescents:

A bibliographic overview

**Term Paper** 

**Submitted** 

For the partial fulfilment of the requirements for

B.A[Hons.] Applied Psychology(2021-2024)

Guided by-.

Dr. Neharshi Srivastava.



Submitted by-

Rimjhim Gautam

Linghingarton

Amity Institute of behavioural & Allied Sciences

AMITY UNIVERSITY RAJASTHAN

#### AMITY UNIVERSITY RAJASTHAN



## AMITY INSTITUTE OF BEHAVIORAL AND ALLIED SCIENCES

(2021-2024)

B.A. (Hons.) Applied Psychology

**Book Report on** 

The Palace of Illusions

Guided by:

Dr. Neharshi Srivastava

AIBAS SE

Submitted By:

Rimjhim Gautam

## **NAIL BITING**



## **TERM PAPER**

For the partial fulfillment of **B.A.** (Hons.) Applied Psychology (2021-2024)

Supervised by

Dr. Vismita Paliwal

**HOD-AIBAS** 



Submitted to

Tanisha soni Student, B.A.(H) Sem-2

Amity Institute of Behavioral and Allied Sciences

AMITY UNIVERSITY, RAJASTHAN

JAIPUR

### THE GIRL WHO KNEW TOO MUCH



#### **BOOK REVIEW**

For the partial fulfillment of

B.A. (Hons.) Applied Psychology (2021-2024)

Supervised by

Dr. Vismita Paliwal

**HOD-AIBAS** 



Submitted by Tanisha soni

Student, B.A.(H)sem-2

Amity Institute of Behavioral and Allied Sciences
AMITY UNIVERSITY RAJASTHAN
JAIPUR
2022

# POST TRAUMATIC GROWTH IN SEXUAL VIOLENCE VICTIMS: AN OVERVIEW



**Seminar for NTCC** 

For the partial fulfilment of

B. A. (Hons.) Applied Psychology

(2021-2024)

Supervised by

Dr. Ruchi Joshi

Assistant Professor

11/5/22



Submitted by

**Princy Sharma** 

Student, B.A(H) Applied psychology, Sem-2.

Amity Institute of Behavioural and Allied Sciences

**AMITY UNIVERSITY RAJASTHAN** 

**JAIPUR** 

## Quiet: The Power of Introverts in a World That Can't Stop Talking



**Seminar for NTCC** 

For the partial fulfilment of

B. A. (Hons.) Applied Psychology

(2021-2024)

Supervised by

Dr. Ruchi Joshi

Assistant Professor

AIBAS S

Submitted by

**Princy Sharma** 

Student, B.A(H) Applied psychology, Sem-2.

11/5/22

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

**JAIPUR** 

#### STUDYING THE SELF



**TERM PAPER** 

For the partial fulfilment of

B.A (Hons.) Applied psychology (2021-2024)

Dr. Nida Nafees

**Assistant Professor** 



Submitted by

Honey Awasthi

Student. B.A(h), Sem

"AMITY INSTITUTE OF BEHAVIOURAL AND ALLIED SCIENCES"

AMITY UNIVERSITY JAIPUR, RAJASTHAN (2021-24)





### **BOOK REVIEW**

For the partial fulfilment of

B.A (Hons.) Applied psychology (2021-2024)

Supervised by

Dr. Nida Nafees

**Assistant Professor** 

Submitted by

Honey Awasthi

Student. B.A(h), Sem

"AMITY INSTITUTE OF BEHAVIOURAL AND ALLIED SCIENCES"

AMITY UNIVERSITY JAIPUR, RAJASTHAN (2021-24)

## PREJUDICE AND DISCRIMINATION AGAINST SEXUAL MINORITIES



B.A (Hons.) Applied Psychology (2021-2024)

Supervised By

Dr. Ruchi Joshi

Assistant Professor

11/5/22



Submitted By

Vedika Rathi

Student, B.A. (H). Sem-2

Amity Institute of Behavior and Allied Sciences

**AMITY UNIVERSITY** 

Jaipur, Rajasthan

## BOOK REVIEW Life Is What You Make It



B.A (Hons.) Applied Psychology (2021-2024)

Supervised By

Dr. Ruchi Joshi

Assistant Phofessor

Submitted By

Vedika Rathi

Student, B.A (H.) Sem-2

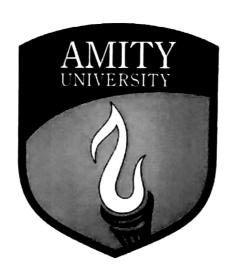
Rothi

Amity Institute of Behavioral and Allied Sciences

**AMITY UNIVERSITY** 

Jaipur, Rajasthan

### EXAM ANXIETY AND STRESS IN COLLEGE STUDENTS



For the partial fulfillment of

**B.A.** (Hons.) Applied Psychology

(2021-2024)

**TERM PAPER** 

Supervised by Submitted by

Dr.MonikaGwalani Ms. Isha Sarwa

**Assistant Professor** 



Student, BA Sem 2 nd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

**JAIPUR** 

2021-2024

### THE SILENT PATIENT



For the partial fulfillment of

B.A. (Hons.) Applied Psychology

(2021-2024)

**Book Review** 

Supervised by

Dr.MonikaGwalani

**Assistant Professor** 



Submitted by Substitute,
Isha Sarwa

Ms. Isha Sarwa

Student, BA Sem 2 nd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

**JAIPUR** 

2021-2024



### **AMITY UNIVERSITY RAJASTHAN**

AMITY INSTITUTE OF BEHAVIORAL AND ALLIED SCIENCES

(2021-2024)

B.A. (Hons.) Applied Psychology

**Book Report on** 

"Speak"

Guided by: 12 () 2

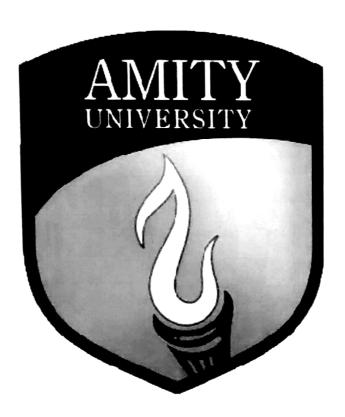
Ms Sreeja Das

AIBAS S

Janui Meenix Submitted By:

Tanvi Meena

## BEHAVIORAL AND MENTAL DISORDERS IN ADULTS WITH A HISTORY OF CHILDHOOD MALTREATMENT



### **Term Paper**

Submitted to

THE AIBAS, AMITY UNIVERSITY RAJASTHAN

For the partial fulfillment of

B.A. Applied Psychology (Honors)

Miss Sreeja Das

Assistant Professor

AIBAS S

Submitted by

Tanvi Meena

Student, B.A. Sem-II

Amity Institute of Behavioral and Allied Sciences
AMITY UNIVERSITY RAJASTHAN

### Dance, Emotional Intelligence and Mental Health



Term Paper

For the partial fulfillment of

B.A (Hons.) Applied Psychology

(2021-2024)

Supervised By

Dr.Chrimi Acharya

**Assisstant Professor** 



Submitted By

Shweta Satheesh

Student, B.A.(H).sem-2

Amtity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

**JAIPUR** 

# THE GIRL WITH NO DREAMS- A STORY ABOUT DREAMS, HOPE AND DEATH BY DEEPAK GUPTA



**Book Review** 

For the partial fulfillment of

B.A (Hons.) Applied Psychology

(2021-2024)

Supervised By

Dr.Chrimi Acharya

**Assisstant Professor** 



Submitted By

Shweta Satheesh

Student, B.A.(H).sem-2

Amtity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

**JAIPUR** 

## "ANXIETY AND ITS RELATION WITH MENTAL HEALTH"



For the partial fulfilment of

B.A. (Hons.) applied psychology

TERM PAPER (2021- 2024)

Supervised by MAN

Dr. Prashant Mishra

**Assistant professor** 



Submitted by

Marayan agnihotri

Student B.A(Hons) sem2



## For the partial fulfilment of BOOK REVEIW

B.A. (Hons.) applied psychology

(2021-2024)

Supervised by Dr. Prashant Mishra



Submitted by

Narayan agnihotri

## TOXIC MASCULINITY BEING RESPONSIBLE FOR RISING VIOLENCE AND BULLYING



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2021-2024)

**Term Paper** 

Supervised By

Ms. SREEJA DAS

Associate Professor



Ms. OMISHKOTHARI

Student, BA Sem 2nd

Amity Institute of Behavioural and Allied Sciences
AMITY UNIVERSITY RAJASTHAN
JAIPUR
2021

### THE SILENT PATIENT



For the partial fulfilment of B.A. (Hons.) Applied Psychology (2021-2024)

**BOOK REVIEW** 

Supervised By

Ms. SREEJA DAS

**Associate Professor** 



Ms. OMISHA KOTHARI Student, BA Sem 2nd

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2021

### <u>SITA</u> WARRIOR OF MITHILA



### **READING IN PSYCHOLOGY**

For the partial fulfillment of

B.A. (Hons.) Applied Psychology (2021-2024)

Supervised by:

Dr. Prashant

Associate Professor

Submitted by:

Suhani Jha 💯

Student, Sem-2<sup>nd</sup>

Amity Institute of Behavioral and Allied Sciences
AMITY UNIVERSITY RAJASTHAN
JAIPUR

### A STUDY ON RELATION BETWEEN YOGA AND MENTAL HEALTH



### **TERM PAPER**

For the partial fulfillment of

B.A. (Hons.) Applied Psychology (2021-2024)

Supervised by:

Dr. Prashant

**Associate Professor** 

Submitted by:

Suhani Jha

Student, Sem-2<sup>nd</sup>

Amity Institute of Behavioral and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

JAIPUR

2022



**Seminar for NTCC** 

For the partial fulfillment of

B. A. (Hons.) Applied Psychology

(2021-2024)

Supervised by

Dr. Monika Gwalani

**Assistant Professor** 



Submitted by
Sanskriti Jaga
Sanskriti Jaga

**B.A (Hons.) Applied Psychology** 

2<sup>nd</sup> Semester

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

**JAIPUR 2022** 

### AMITY INSTITUTE OF BEHAVIOURAL AND ALLIED SCIENCES

#### **AMITY UNIVERSITY RAJASTHAN**

**JAIPUR** 

2021-2024



BOOK REVIEW ON: The girl on the train

Submitted To:

DR. Monika Gwalani

**PROFESSOR, AIBAS** 

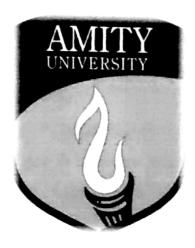
Submitted By:

Some kuitei Jagoz

Sanskriti Jaga

**B.A.** (H) APPLIED PSYCHOLOGY 2<sup>nd</sup> SEMESTER

### **Eating Disorders in Adolescence**



For the partial fulfilment of

B.A. (Hons.) Applied Psychology

(2021-2024)

**Term Paper** 

Supervised By

Dr. K. C. Barmola

**Assistant Professor** 

AIBAS S

Submitted By

Submitted By

Ms. Sugandh Anand

Student, BA Sem 2<sup>nd</sup>

Amity Institute of Behavioural and Allied Sciences

AMITY UNIVERSITY RAJASTHAN

**JAIPUR** 

### TURTLES ALL THE WAY DOWN



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